



# BAY COUNTY *Council on Aging*

## **ANNUAL REPORT 2017 - 2018**

### **Our Mission**

**To improve the quality of life for older individuals,  
preserve their independence and delay  
more costly, less preferred institutional care.**

### **BAY COUNTY COUNCIL ON AGING**

1116 FRANKFORD AVE.

PANAMA CITY, FL 32401

850-769-3468

[www.baycouncilonaging.org](http://www.baycouncilonaging.org)





### NUTRITION PROGRAM

*Coordinator: Janice Jorgensen*

The Nutrition Program operates through several "Fellowship Centers" located throughout Bay County. Hot, nutritious meals are served five days a week to persons age 60 and over who enjoy fellowship and the joy of being with other people. Programs at each center provide exercise, games, recreation and education. Speakers from the community give nutrition education and information about services and programs available for senior adults.



### Fellowship Centers are located in these areas:

- **Site #2** – Lynn Haven Senior Center  
905 Pennsylvania Avenue, Lynn Haven
  - **Site #3** – Coulliette Senior Center  
1116 Frankford Avenue, Panama City
  - **Site #4** – Panama City Beach Senior Center  
423 Lyndell Lane, Panama City Beach
  - **Site #5** – Fountain Meal Site - Call for information
  - **Site #6** – The Towers  
24 Harrison Avenue, Panama City
- More than 1050 senior adults attend the Fellowship Centers each year.
  - More than 30,000 meals are served in the centers.

### VOLUNTEER PROGRAM

*Director: Lydia Vickery*

The BCCOA Volunteer Program recruits and enrolls people of all ages to assist with the life sustaining needs of our senior clients. Our current enrollment shows over 200 individual participants with almost 1/2 of those enrolled working in an active capacity. Upon enrollment, volunteers are placed throughout 17 different areas of the agency. The placements are filled according to the volunteer's interest and skills. They choose how and where they want to serve and the amount of time spent serving. Our volunteer's are representing our agency throughout the county. They deliver meals to home-bound seniors. They transport our clients to their doctors, pharmacies and to pick up groceries. Many work at providing entertainment and activities for our clients and assist with natural disaster evacuations. Throughout the agency you can find volunteers helping the staff with clerical needs, assisting in our kitchen, greeting and directing visitors to the agency, working our fall festival, and joining our advisory board. Our volunteer's are a positive workforce for our agency extending human kindness beyond our building helping us help our seniors.

### MEALS ON WHEELS

*Coordinator: Hope Stewart*

Home delivered meals are served each day to homebound elderly clients who are confined for health reasons and are unable to prepare meals. The meals are delivered mid-day, five days a week by dedicated and caring volunteers. These volunteers often provide the only contacts received by the homebound seniors.

- More than 400 homebound senior adults receive home delivered meals each year.
- Over 79,000 nutritious meals are delivered to homebound seniors annually.
- 3,000 night meals are provided with the noon meals.



### BAY TRANSPORTATION

*Coordinator: Robin Khalidy*

Bay Transportation provides door to door transportation services to and from the agency's congregate Meal Sites, Respite Center and agency program trips. The service gives mobility and self sufficiency to senior adults who are transportation disadvantaged.

Bay Transportation provides nearly 10,000 trips per year. This friendly, cost efficient, safe and reliable service operates Monday through Friday from 6:30 AM until 5:00 PM and for special events as required.

Volunteers also provide transportation for senior adults to Medical appointments, therapy, grocery stores and pharmacies. More than 300 trips were provided by Volunteers who drove more than 60,000 miles senior transporting adults to resources for activities of daily living.



## **HOME BASED SERVICES**

*Coordinator: Regina Seamster*

Assistance is provided for frail, elderly persons that enables the seniors to continue to live independently in their own homes. This assistance prevents institutionalization and provides the daily living care that allows senior adults to continue to choose their own lifestyles.

- Over 200 senior adults are provided more than 12,000 hours of homemaker services that provide assistance with household tasks, laundry, cleaning and shopping for needed supplies.
- More than 150 seniors are provided over 8,000 hours of personal care to assist with personal hygiene needs.
- More than 80 caregivers are provided over 22,080 hours of respite care, relief from the continual 24 hours per day personal assistance they are providing to a very frail, impaired relative.
- More than 350 nursing home eligible seniors are maintained in their own homes through services available from the Home Based Services Programs.

## **SENIOR CENTERS**

*Coulliette Senior Center Coordinator: Robin Khalidy*  
*Lynn Haven Senior Center Coord.: Diane Rodriguez*

Bay County Council on Aging Senior Centers are located at 1116 Frankford Avenue, Panama City and 905 Pennsylvania Avenue, Lynn Haven. They provide programs and services that keep adults 60 and older active, involved, educated and happy. Nutritious meals are served daily. Activities are offered daily and periodically include Art, Bingo, Book Club, Card Games, Chair Aerobics, Computer Classes, Crafts, Dancing, Dominoes, Field Trips, Tai-Chi, Sewing, Spanish Class and Walking Club.

Free health screenings for senior adults are available throughout the year. Screenings have included hearing, eye health, osteoporosis, diabetes and flu shots.

- More than 500 senior adults participate in over 50,000 hours of recreational activities annually.

## **NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM**

*Coordinator, Caregiver Connections: Jean Warner*

Caregiver Connections is a program designed to give support, education, training and respite for "family caregivers" who are providing an aging family member with care 24 hours a day, seven days a week. "Family Caregiver" is defined as an adult family member or other individual who is an informal, unpaid provider of in-home and community care for a person over 60 years of age who is homebound and requires constant supervision.

Caregiver Support Groups meet regularly to provide support, encouragement and education for caregivers. Numbered identification bracelets registered with the Sheriff's Office are for persons who suffer from dementia. Through education programs and the Caregiver Connections, newsletter, caregivers learn about Alzheimer's disease and its effects on the care receiver and provider. The program helps take care of the caregiver while developing strategies for managing care.

## **DR. JAMES AND FLORENCE NIXON RESPITE CENTER**

*Coordinator: Jean Warner*

The Nixon Respite Center provides respite service for caregivers of clients who suffer from Alzheimer's disease – which impairs a person's memory, thinking, learning and judgment – and other related diseases. These clients require 24 hours-a-day care, so the program provides needed relief for the caregivers from the stress and demand associated with the continued care. The center provides a protective setting that allows the clients opportunities for socialization, supervised activities and supportive care. Trained staff-to-client ratio is one to four. The concern is for the caregiver as well as the client.

Services include information, referrals, education and perhaps more important, a place to turn when the burden of care giving seems overwhelming. The center is open Monday through Friday from 8:00 a.m. to 4:00 p.m. Referrals to the program may be made through Home Based Services, or caregivers may enroll the client under private pay arrangements. More than 35,000 hours of facility based respite provided.



**BOARD OF DIRECTORS  
2017-2018**

**President.....Ed Deluzain**  
**Vice-President.....Kim Reed**  
**Secretary.....Flossie Gautier**  
**Treasurer.....Willard Anderson**



**DIRECTORS**

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Betty Knight, Sandy McInnis,  
Bob Myers, Lois Oswald, Bob Pell,  
Kim Reed, Bill Rumph**

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**BCCOA VOLUNTEER  
PROGRAM  
ADVISORY COUNCIL**

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**Secretary . . . Nellie Horan**  
Carrie Brooks, David Gatchell, Sheila  
Roland, Steve Hough, Rusti Riggs

**BAY COUNTY REPRESENTATIVES  
TO AREA AGENCY ON AGING**

Thelma Bruce    Eleanor Grammer

**SENIOR PARTNERS**

The Bay County Council on Aging's effectiveness in serving the local community is due in large part to the assistance and commitment of local businesses, agencies and organizations. The ongoing support of these Senior Partners in the form of advocacy, volunteerism, sponsorships and financial commitments makes services for the elderly, disabled and disadvantaged possible. Partnerships are formed at four levels:

**GOLD PARTNERS**

A commitment of resources in dollars or donated goods valued at \$2,500 or more per year and a service commitment of 200 hours.

**SILVER PARTNERS**

A commitment of resources in dollars or donated goods valued at \$2,500 or more per year and a service commitment of 100 hours.

**BRONZE PARTNERS**

A commitment of resources in dollars or donated goods valued at \$500 per year.

**SERVICE PARTNERS**

An organization pledge of 50 hours in service by Senior Partner Volunteers

***A Pledge of Partnership has been completed by these Senior Partners:***

Alzheimer's Association  
Ameris Bank  
AmVets Post 47  
Anchorage Childrens Home  
Association of St. Jude  
Bay County Board of Commissioners  
Bay County IAC Council  
Bay County Sheriff's Office  
Bay Health Foundation  
BF Edwards  
Chataqua School  
Community Services Foundation  
First Presbyterian Church of Lynn Haven

First United Methodist Church of Lynn Haven  
Florida Blue Foundation  
Forest Park United Methodist Church Women  
Gulf Coast Woman's Club  
Gulf Power — Lansing Smith Plant  
Hancock Bank  
Holy Nativity Episcopal Church  
Innovations Federal Credit Union  
Kiwanis Club of Panama City  
Parkway Presbyterian Church  
Royal American  
Sam's Club/Walmart  
Saint Andrews Episcopal Church  
United Way of Northwest Florida



### INFORMATION REFERRAL AND OUTREACH

This program provides information about available services for senior adults. If the service is not available at BCCOA, a referral is made to another agency that can meet the clients' needs. Follow-up contacts insure that the client has received the requested service. Outreach visits provide personal contacts with senior adults who need assistance in applying for services or encouragement to access needed programs.

- More than 30,000 units of information are provided annually.
- Over 500 senior adults receive assistance with referrals for service.
- Approximately 500 individuals receive outreach services.



### NEWSLETTERS

The *Golden Edition* is published monthly and includes menus for meal sites, schedules of activities and notices of events planned. There are also articles of interest to senior adults and Caregivers.

The *Seniors in Motion* newsletter from the Lynn Haven Senior Center is published monthly and provides a schedule of activities, information on new classes and planned events. Pictures and stories depict the fun and fellowship shared by all who attend the Senior Center.

- Approximately 2,000 newsletters are distributed monthly to senior adults and other interested persons.

### WEATHERIZATION ASSISTANCE PROGRAM

The Weatherization Assistance Program (WAP) assists low income clients with repairs to make their homes more energy efficient. The repairs are not often visible in the home but tighten it with the result in lowering energy bills and conserving energy resources.

At this time Weatherization funds are available through February 2018 to assist more than 35 single-family homeowners in Bay County. Eligibility is determined by income, and preference is given to seniors, disabled persons and families with children under 12 years of age.

### A MEDICAL ALERT PROGRAM

*Coordinator: Robin Khalidy*

Medical Alert helps seniors live independently at home by placing special devices in clients' homes that can be activated by pressing a personal help button the client wears. In the event of a fall or emergency, the button connects the client with a trained Personal Response Associate who can send help quickly, 24 hours a day, 7 days a week. The Associate will contact a neighbor, loved one or emergency services based on the client's needs, and will follow up to ensure that help arrived.



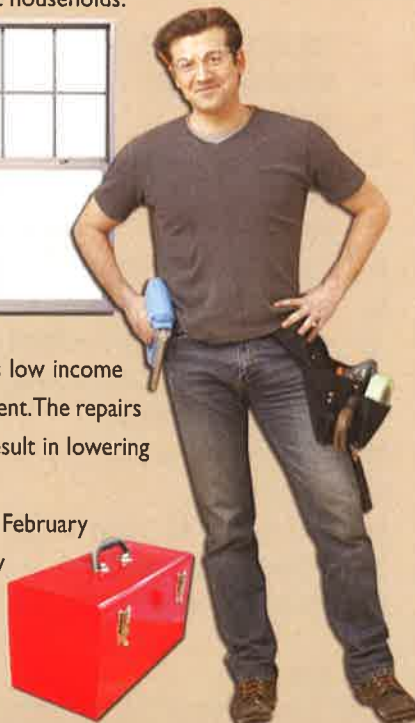
The Council on Aging maintains Medical Alert service in approximately 350 homes throughout Bay County.

### COMMUNITY ASSISTANCE PROGRAM

*Coordinator: Beth Walker*

The Community Assistance Program, also known as Low Income Home Energy Assistance Program (LIHEAP), provides regular energy assistance and summer and winter crisis payments to help low income individuals and households meet the high cost of heating and cooling bills.

LIHEAP assisted 1,313 low income households in 2016. More than 369 of these households were low income senior households & 411 Disabled Adult households.



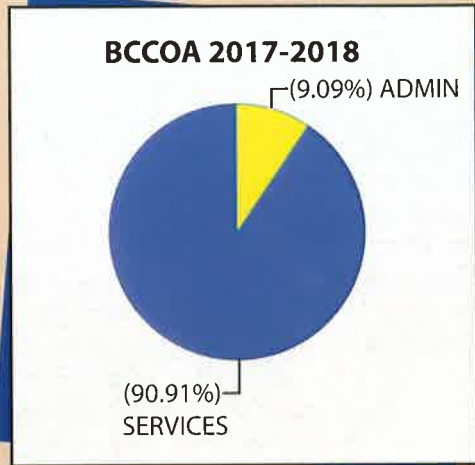


**FORTY SEVEN YEARS OF SERVICE**

Bay County Council on Aging, Inc. is celebrating 47 years of service to the people of Bay County. It is a private non-profit corporation governed by a fifteen member Board of Directors and directed by an Executive Director. Services are provided by a staff of 70 dedicated, caring persons and more than 300 devoted, willing volunteers. Services are provided throughout Bay County for elderly, disabled and disadvantaged persons who need assistance to maintain their independence, health and quality of life.

The agency is funded through federal, state and local grants and through local funds received from United Way, Bay County Board of Commission and donations from churches, civic groups, community organizations, private businesses and individuals. Services are provided through the Florida Departments of Economic Opportunity, Children and Families, Elder Affairs, Transportation, Bay Health Foundation and United Way of Northwest Florida.

Bay County Council on Aging provides services to more than 7,000 individuals annually through programs and services for elderly, disabled, disadvantaged and low income persons.



**BAY COUNTY COUNCIL ON AGING FUNDING 2017-2018**

PROGRAMS	GRANT TOTAL	LOCAL MATCH INKIND, COPAYS	FISCAL YEAR
I. LOW INCOME HOME ENERGY ASSISTANCE PROGRAM	\$487,707	-0-	04/01/17-03/31/18
II. WEATHERIZATION/LIHEAP	269,920	-0-	04/01/17-03/31/18
III. TRANSPORTATION	102,000	51,553	10/01/17-09/30/18
IV. LYNN HAVEN SENIOR CENTER	83,000	75,000	10/01/17-09/30/18
V. EMERGENCY RESPONSE UNIT(GUARDIAN	60,000	60,000	10/01/17-09/30/18
VI. PRIVATE PAY PROGRAM	37,000	37,000	01/01/17-12/31/18
VII. OLDER AMERICANS ACT IIIB	124,118	12,412	01/01/17-12/31/17
VIII. OLDER AMERICANS ACT CONGREGATE MEALS	157,744	15,744	01/01/17-12/31/17
IX. OLDER AMERICANS ACT HOME DELIVERED MEALS	201,152	20,115	01/01/17-12/31/17
X. OLDER AMERICANS ACT CAREGIVER GRANT IIIE	53,281	5,328	04/01/17-03/31/18
XI. BCCOA VOLUNTEER PROGRAM	27,000	27,000	04/01/17-03/31/18
XII. COMMUNITY CARE FOR THE ELDERLY	276,053	27,605	07/01/17-06/30/18
XIII. LONG TERM CARE	350,000	-0-	07/01/17-06/30/18
XIV. HOME CARE FOR THE ELDERLY (\$24,668)	13,875	-0-	07/01/17-06/30/18
XV. ALZHEIMERS' DISEASE INITIATIVE	164,003	-0-	07/01/17-06/30/18
XVI. FACILITY BASED RESPITE	265,000	265,000	07/01/17-06/30/18
<b>TOTAL BUDGET</b>	<b>\$2,671,873</b>	<b>\$596,757</b>	